

## **About NCFDD**

NCFDD is an independent professional development, training, and mentoring community of faculty, postdocs, & graduate students from over 500 colleges and universities.

NCFDD is 100% dedicated to preparing the next wave of academic leaders for success to change the face of power in the Academy.



## **About NCFDD**

- NCFDD partners with colleges and universities to provide virtual professional development and mentoring.
- Our programs and services are designed by academics, for academics, with a focus in research and writing productivity and work-life balance.



The NCFDD Team



## **NCFDD** Institutional Membership

- Annual access to our full suite of online, on-demand trainings and support resources for an unlimited number of users at your institution.
- Provides external mentoring and professional development training for every stage of the academic career, focusing on 4 key areas: strategic planning, productivity, healthy relationships, and work-life balance.

### How to Thrive in Academia

We focus on four key areas that help you achieve extraordinary writing and research productivity while maintaining a full and healthy life off campus

### 1. Strategic Planning

Learn how to plan your academic year, your term, and your weekly schedule in a way that is aligned with your tenure and promotion criteria



### 2. Explosive Productivity

Learn the skills and strategies that will help you to publish more research, win more grants, and manage your internal resistance to writing



### 4. Work-Life Balance

Learn how to reduce your stress, prioritize your self-care, and find balance in your personal and professional life



### 3. Healthy Relationships

Learn how to manage your professional relationships and build a thriving network of mentors, sponsors, and collaborators





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## **Resources: The Monday Motivator**

Our most popular membership resource!

The Monday Motivator is a weekly email that provides tips and strategies to increase productivity and work-life balance by reinforcing the skills and strategies presented in the Core Curriculum.





### **Resources: Core Curriculum Webinars**

Our Core Curriculum webinars teach **10 Key Skills** for thriving in academic positions.







## **Resources: Guest Expert Webinars**

NCFDD hosts Guest Expert Webinars on a variety of topics such as:

- Developing Anti-Oppressive
   Communities: Supporting Black
   Students and Mentees
- Creating a Culture of Support for All Faculty
- Moving from Associate to Full Professor
- Writing for a Broader Audience:
   How to Convey Complex Ideas in
   Clear, Accessible Prose











## **Resources: Multi-Week Courses**

Membership also includes Multi-Week Courses. Example titles include:

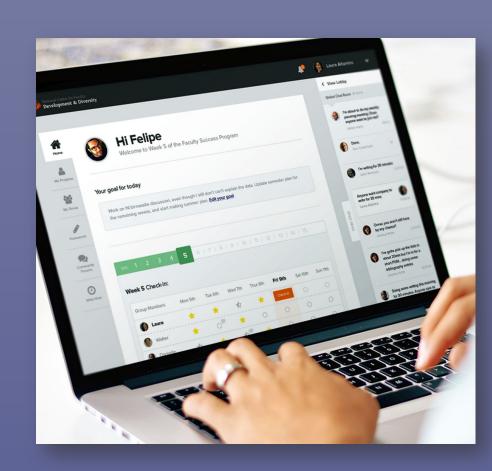
- From Project to Publication—the Art of Manuscript Revision
- Writing Science: How to Write Papers That Get Cited and Proposals That Get Funded
- Making the Case: Preparing Your Dossier for Promotion to Full Professor
- Building a Publishing Pipeline:
   Concrete Strategies for Increasing Your
   Writing Productivity
- Cultivating Compassion & Collectivism:
   A Multi-Week Course to Facilitate
   Healing from Racial Trauma





# Resource: 14-Day Writing Challenge

- Every semester, members are invited to join a 14-Day Writing Challenge.
- It's an opportunity to experiment with daily writing, online community, and supportive accountability on our WriteNow platform.
- Participants can also look forward to a daily dose of encouragement in their inbox from the NCFDD Team.





## **Additional Member Benefits**



- ✓ Access to our **Discussion Forums**, including monthly writing challenges
- ✓ Dissertation Success Program for advanced graduate students
- Accountability buddy matches
- Access to our continuously growing
  Webinar Library including hundreds of hours of professional development training
- ✓ Priority Registration for the Faculty Success Program for sponsoring offices



# The Faculty Success Program (FSP)

## Achieve Academic Success and Better Work-Life Balance

Non-tenure, tenure-track, and tenured faculty participants work directly with an experienced faculty coach and a carefully curated small group of peer faculty to explore and implement the skills and strategies introduced in the NCFDD Core Curriculum.





## Faculty Success Program: What's Included?



### **Individual Coaching Sessions**

For those times when you could use some individualized support, we offer one-on-one private coaching sessions with an NCFDD-Certified Individual Coach.



### Weekly Training

You have access to weekly training modules where you learn empirically tested skills, strategies, and practices that will help you to align your time and spark your productivity.



### **Accountability Calls**

Each week, you will also have a small group call led by an NCFDD-Certified Coach where you set goals and are held accountable for meeting those goals.



### A Supportive Community

The Faculty Success Program community supports your success. Interact with other program participants, ask questions, get feedback, share resources, and exchange ideas with your peers.



### **Time Tracking**

Using the custom WriteNow platform designed specifically for the Faculty Success Program, you can collect data regarding your own writing and research productivity.



## Virtual & On-Campus Workshops

- Designed to address core dilemmas facing tenured and tenure-track faculty, postdocs, and advanced grad students by teaching concrete, empirically-tested strategies for success.
- Serve as community-building events where writing groups, support networks, and peer-mentor relationships can form and solidify.





## Virtual & On-Campus Workshops

### **NCFDD Campus Workshop topics include:**

- ✓ Tenure & Time Management: How to Manage Your Time So You Can Publish Prolifically and Have a Life beyond the Ivory Tower
- Writing, Procrastination, and Resistance: How to Identify Your Writing Blocks and Move through Them
- ✓ Solo Success: How to Thrive in The Academy When You're the Only in Your Department
- Writing Your Next Chapter: How to Find Your Mojo and Move Forward at Mid-Career
- Re-Thinking Mentoring: How to Build Communities of Inclusion, Support, and Accountability



## Activate your account!

## www.NCFDD.org/join

